



MEGHALAYA BOARD OF SCHOOL EDUCATION

HEADQUARTERS ::: TURA

No. MBOSE/SSLC/ Exam-212/MC/2023/963

Dated Tura, the 6th April, 2023

NOTIFICATION 728

Dated Tura, the 6th April, 2023.

As per directives of the National Commission for Protection of Child Rights (NCPCR) vide letter No. 227850/NCPCR/CH(1)-2022-23 dated 23rd March, 2023 all **Heads of Institutions** are advised to take cognizance of the fact that:

- India has the world's highest number (2.4 lakh) children and adolescents from age group 0 – 19 years, suffering from Type-1 Diabetes Mellitus (T1DM) as per data from International Diabetes Federation Diabetes Atlas 2021.
- Children spend one third of the day in school.

Therefore, institutions are directed to ensure that children identified with T1DM are provided with proper care and required facilities as follows:

- i. The child should be allowed to consume mid morning or mid afternoon snack
- ii. The child should be allowed to participate in sports only on the advice of a Medical Doctor (Endocrinologist/Paediatric Endocrinologist)

Further, children identified with T1DM appearing **school or Board Exams (X and XII)** are permitted to carry the following items to the examination:

1. Sugar tablets/chocolates/candies.
2. Fruits or recommended snacks, drinking water (500ml)
3. Glucometre and glucose testing strips.
4. Wearing of CGM (Continuous Glucose Monitoring), FGM (Flash Glucose Monitoring) devices and /or insulin pumps

However, the following modalities are to be observed:

1. Children/adolescents identified with T1DM will have to submit a medical certificate from an Endocrinologist/Paediatric Endocrinologist with history of the disease, nature and the dietary requirements of the child.
2. If the child is about to appear the Board Exam or is studying in Classes IX,X,XI or XII, the details have to be forwarded by the School Principal to the Board along with medical history and registration details prior to the Board Exams or during Registration at Class IX (Nine).
3. In case a smart phone is used as a reader for the CGM and FGM devices, it may be handed over to the teacher/Invigilator to monitor the blood sugar levels.
4. All food items shall be kept with the invigilator at the Exam Centre and will be handed over as and when required.

(A. Ch. Marak)

Executive Chairman,
Meghalaya Board of School Education,
Tura.

No. MBOSE/SSLC/ Exam-212/MC/2023/ 964 - 2778 Dated Tura, the 6th April, 2023.

Copy for information to:

1. The Chairperson, National Commission for Protection of Child Rights, Janpath, New Delhi.
2. The Commissioner and Secretary to the Govt. of Meghalaya, Education Department, Meghalaya, Shillong.
3. The Director, School Education & Literacy, Meghalaya, Shillong.
4. The Controller of Examinations, MBOSE, Tura.
5. The Joint Director, MBOSE Regional Office, Shillong.
6. The Joint Director, ITES, MBOSE, Tura.
7. The District School Education Officers of all districts.
8. The Headmaster/Headmistress & Principals of Secondary and Higher Secondary Schools to identify such students
9. Office file.



(A. Ch. Marak)

Executive Chairman,
Meghalaya Board of School Education,
Tura.